

**SECOND YEAR BACHELOR'S PROGRAM
300-Contact Hours**

Ayurveda Practical, Clinical Pathology and Case Studies
Classroom Work and Hands on Program
Bachelor's Degree in Ayurvedic Ministries,
Ayurvedic Ministries, Level 2
2017 Ayurvedic College Level II Semester Class Schedule Term – 1500+ hours

Week 1

Review Principle of Ayurveda, History and Philosophy, Five Elements, Three Doshas, Gunas, and Prakriti/Vikruti

Week 2

Pancha Karma as a Healing Modality Practice of Shiro, Lepa and Tarpana
History of Medicine, Religion & different Cultures

Week 3

History of Medicine and Different Cultures

Week 4

Review Three, Eight, and Ten fold diagnostic methods in detail
Pathology Management of disease
20 Herbs

Week 5

Pathology of Disease

Week 6

Vital Signs

Week 7

Review 20 Ayurvedic Herbs

Week 8

Review 6 Tastes and how they are applied to each dosha

Week 9

Mind as a Vehicle to Heal: Prana, Tejas and Ojas

Week 10

How to Strengthen Immunity & Preventative healthcare Herbs & Blends

Week 11

Review Doshas, SubDoshas, Dhatus, and Srotas

Week 12
Allergies and Herb Interaction Herbal Families
20 Herbs

Week 13
Review Agni, Ama, and Malas.

Week 14
Complete Counseling Skills, Personal and Family Histories and how to go about it

Week 15
Psychiatry and Pacification of Doshas

Week 16
Pranayama and Yoga
Ayur Yoga: Practice of Breathing Techniques

Week 17
Breathing Exercises and their Benefits Many Yogas and Yoga for Body Types
20 Herbs

Week 18
Aromatherapy II

Week 19
Integration of Food and Food as Medicine for Healing

Week 20
Ayurvedic Lifestyle
20 Herbs

Week 21
Advanced Anatomy and Physiology

Week 22
Reversing the Aging Process- Longevity Herbs Biology of Relationship
Rasayan

Weekend 11 Final and Graduation